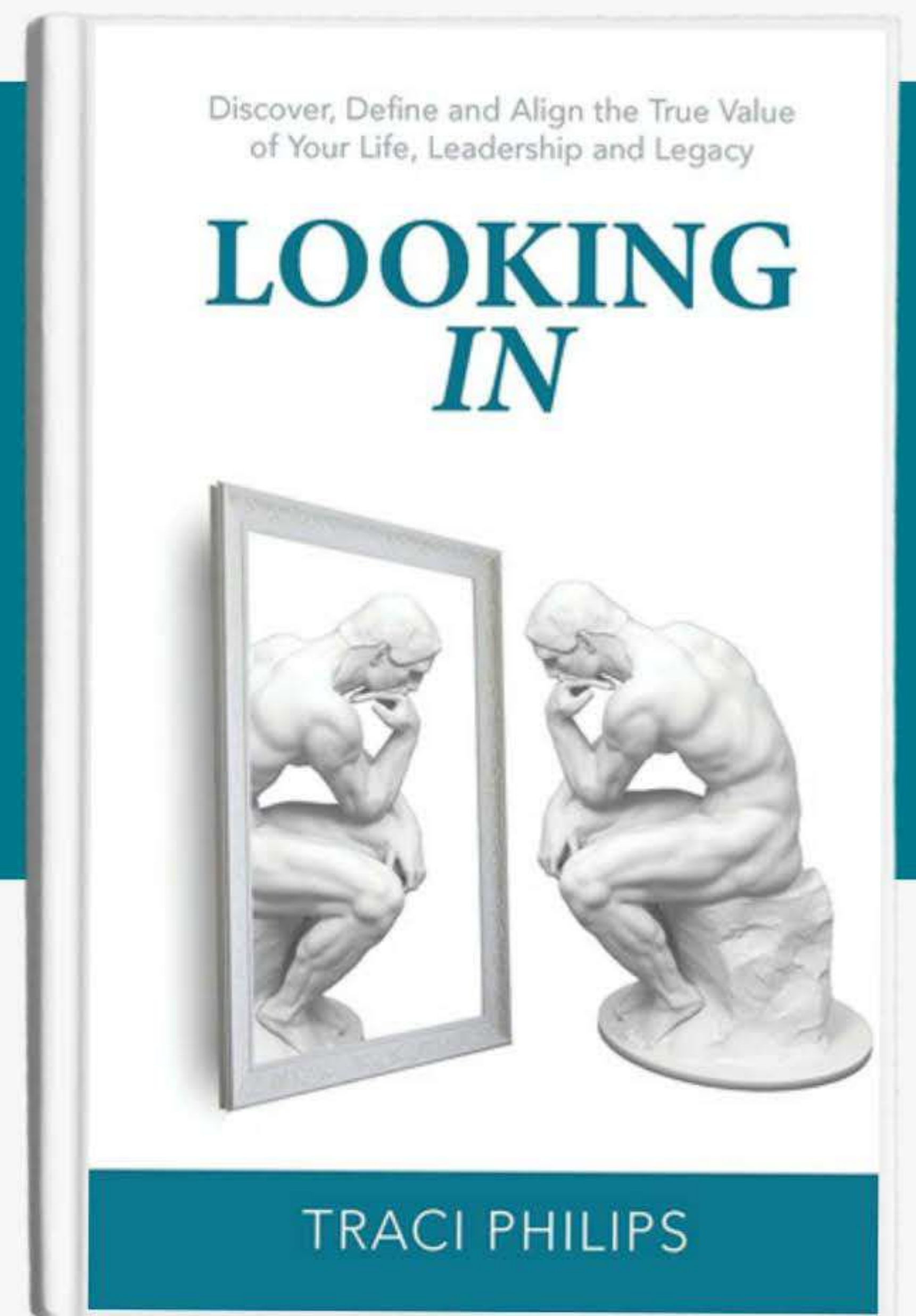


LOOKING IN READ-ALONG INTEGRATOR

*A personalized approach to applying
reading to knowing and knowing to action*



*This book is not meant to be read
It is meant to be lived*

Use this Read-Along Resource to move the message of *Looking In* from your mind all the way to your soul. **Here's how it works:**

We've included a number of pages with categories we like to use to categorize important messages. Pick the ones that connect most with you. Or use the blank page to create your own.

When you come across something while reading that fits one of your key ideas, highlight and tag it, then write the page number on your index.

When you're done indexing – and taking the appropriate action – you won't just have read about the ideas of *Looking In*. You'll have done the work of actually looking in yourself.

Categories

- Quotes to Remember
- I want to work on this
- Read more. Dig into research.
- Talk about with _____ (insert person's name here)
- Questions to Explore
- Blank Page for Your Own Category

traci philips
THE INNATE COACH



LOOKING IN BY TRACI PHILIPS: READ-ALONG INTEGRATOR

TOPIC: QUOTES TO REMEMBER

PAGE NUMBERS

NOTES/ACTION ITEMS



LOOKING IN BY TRACI PHILIPS: READ-ALONG INTEGRATOR

TOPIC: I WANT TO WORK ON THIS

PAGE NUMBERS

NOTES/ACTION ITEMS



LOOKING IN BY TRACI PHILIPS: READ-ALONG INTEGRATOR

TOPIC: READ MORE. DIG INTO RESEARCH.

PAGE NUMBERS

NOTES/ACTION ITEMS



LOOKING IN BY TRACI PHILIPS: READ-ALONG INTEGRATOR

TOPIC: TALK ABOUT WITH MY TEAM

PAGE NUMBERS

NOTES/ACTION ITEMS



LOOKING IN BY TRACI PHILIPS: READ-ALONG INTEGRATOR

TOPIC: QUESTIONS TO EXPLORE

PAGE NUMBERS

NOTES/ACTION ITEMS



LOOKING IN BY TRACI PHILIPS: READ-ALONG INTEGRATOR

TOPIC: _____

PAGE NUMBERS

NOTES/ACTION ITEMS